# Scouts BSA Return to Scouting Checklist

**Brush Up on Your Scout Skills**

- ☐ Practice making your favorite campout meal for your family.
- ☐ Update your personal first aid kit.
- ☐ Learn and/or practice proper first aid for the following:
  - ○ Heatstroke; Heat Exhaustion; Object in the Eye; First, Second, and Third-Degree Burns; Bandages for Sprained Ankle; Simple Cuts; and Blisters on the Hand and Foot.
- ☐ Learn and/or practice the following knots:
  - ○ Square Knot; Taught-Line Hitch; Two Half Hitches; Timber Hitch; Clove Hitch; and Bowline.

**Continue Your Advancement**

- ☐ Pick two Merit Badges to start and talk to your Scoutmaster about finding a Counselor.
- ☐ (Eagle Candidates) Schedule a meeting with your Eagle coach to review your Eagle project.
- ☐ (Star Scouts) Find or help organize at least one service project that you and your troop can participate in. Day of Service is November 7$^{th}$.
- ☐ (First Class Scouts) Earn the Cyber Chip award for your grade.
- ☐ (Trail to First Class) Talk to your patrol leader and your Scoutmaster about Trail to First Class requirements you can complete virtually or how to complete while social distancing.

**Be Involved with Your Troop**

- ☐ Participate in a troop or patrol meeting to plan an activity.
- ☐ Invite a friend to the meeting/activity.
- ☐ Help plan a "Trail to First Class Day" with your Troop or patrol.
- ☐ Research and share with your Troop or Patrol at least two possible locations for a day hike.
- ☐ Help plan a "Patrol Box Cleaning Day" for your Troop or Patrol.

**Always Live the Scout Oath and Law**

- ☐ Sign up to volunteer for an Eagle Project.
- ☐ Talk to your Scoutmaster and/or family about how you can continue to do a Good Turn Daily during social distancing and when we resume in-person activities.
- ☐ Write a "Thank You" letter to your local Hospital or Healthcare Worker.
- ☐ Hold a Virtual Scouts Own with your Troop or Patrol.

*Please remember to follow all Youth Protection policies, CDC and local government guidelines for social distancing, and review the latest OCBSA Coronavirus Update (https://www.ocbsa.org/news/coronavirus/).